

Tai Sai is a festival in Iwama, Japan, celebrating nature and rebirth. Following the passing of Morihei Ueshiba, the founder of Aikido, the Tai Sai festival was moved to April 26, the anniversary of his death. As Aikido has grown and developed throughout the world, we take this opportunity to honor the vision of those who have shown us the way forward. We at Aikido of Fairfax welcome you to share in the celebration of Aikido in this season of renewal.

Schedule

Saturday

- 9:00 - 10:00 Registration
- 10:00 - 12:00 Weapons and Taijutsu
- 12:00 - 2:00 Lunch
- 2:00 - 4:00 Weapons and Taijutsu
- 4:00 - 5:00 Dan Testing
- 8:00 Party

Sunday

- 9:30 - 10:30 Registration
- 10:30 - 1:30 Weapons and Taijutsu
- 1:30 - 2:00 Closing Ceremony

TAI SAI 2009

WITH PAT HENDRICKS SENSEI

April 25 -26, Fairfax, Virginia

Pat Hendricks Sensei has developed a reputation as a world-class Aikido instructor, teaching seminars around the globe. Fluent in Japanese, Hendricks Sensei was part of the first wave of westerners to become Uchi Deshi. She studied extensively with Morihito Saito Shihan, often traveling with him as his translator. She is one of the very few instructors to hold the Menkio Kaiden transmission scroll, certifying her mastery of all the Iwama weapon forms.

Pat Hendricks Sensei has a special place as a teacher and mentor to many of us here in the Virginia area. We are delighted to have this opportunity to host her.

Please join us for a weekend of classes at the Westminster School and a reception on Saturday night at the Sea Pearl Lounge.

\$85 before April 1 and \$100 afterwards
Register Early. Space is limited.

Please bring your own weapons.
Please be mindful that parking is limited.

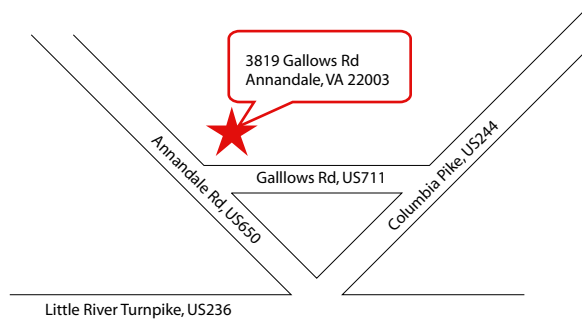


TAI SAI 2009

WITH PAT HENDRICKS SENESI

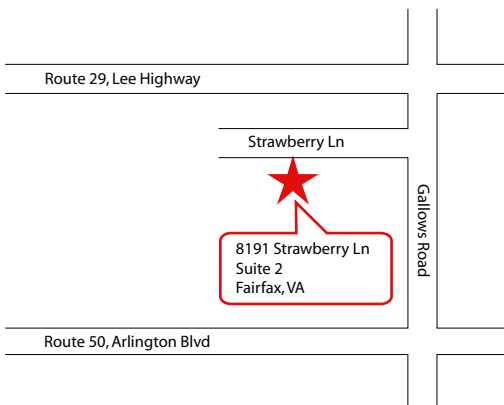
Classes

Classes for both days will be at the Westminster School. Located at 3819 Gallows Rd. Annandale, VA 22003.



Reception

Cash Bar reception will be at the Sea Pearl Lounge in Merrifield at 8:00 PM. Located at Strawberry Ln Suite 2, Fairfax, VA 22042.



Accommodations

Courtyard Marriott Dunn Loring Fairfax
2722 Gallows Road, Vienna, VA - 703-573-9555

Fairview Park Marriott
3111 Fairview Park Drive, Falls Church, VA - 703-849-9400

Residence Inn Fairfax Merrifield
8125 Gatehouse Road, Falls Church, VA - 703-573-5200

Homewood Suites Hotel by Hilton Falls Church
8281 Willow Oaks Corporate, Fairfax, VA - 703-204-0088

Dinning

American:

Napoleon Bakery - 703-914-1101
Silver Dinner - 703-204-0812
Sweetwater's Taverns - 703-645-8100
Panera Bread - 703-207-0145

Mexican:

Chevy's - 703-573-4280

Seafood:

The Sea Pearl - 703-372-5161
Legal Seafood - 703-827-8900

Italian:

Generous George's - 703-941-9600
Maggiano's Little Italy - 703-356-9000

Asian:

Four Sister Restaurant - 703-539-8566
Honey Pig - 703-256-5229
Yechon - 703-914-4646

Vegatarian:

Woo Lae Oak - 703-827-7300
Myanmar - 703-289-0013



TAI SAI 2009

WITH PAT HENDRICKS SENESI

Registration

Name: _____

Dojo: _____

Email: _____

Phone: _____

* personal information will not be shared with with any third party

**\$85 before April 1 and \$100 after April 1
Register Early. Space is limited.**

Please make payments to:

Aikido of Fairfax

2665 Prosperity Ave, Unit 352

Fairfax, VA 22031

Waiver of Liability

I, the undersigned, acknowledge that I am applying for instruction in a martial art involving strenuous exercise and body contact. I understand that because of this there is an inherent risk to injury that cannot be eliminated. I acknowledge that AIKIDO OF FAIRFAX, its instructors, officers, and members, are unaccountable for any and all liability (including legal fees and costs) for all claims, actions or damages due to injuries suffered by myself or caused to a third party by myself during the course of the seminar, or arising out of activities involving the practice of Aikido, or any variation thereof, whether occurring on the premises of the seminar or elsewhere, excepting only those claims, actions or damages caused by the gross negligence or intentional act or omission of said parties.

I understand that Aikido is an educational system. For the benefit of the training and safety of myself and other participants, I agree to conduct myself in a manner consistent with the rules of dojo etiquette and common sense safety observation.

I have read to the above waiver, understand and agree to its contents.

SIGNED: _____ DATE: _____

EMERGENCY CONTACT: _____

RELATIONSHIP: _____

For people under 18 years of age:

I hereby give my permission for _____ to participate in aikido. If necessary, I also consent to emergency treatment for my child/ward on my behalf. My child/ward has no physical or other health conditions that would interfere with his/her participation in aikido.

SIGNED: _____ DATE: _____

(Student)

SIGNED: _____ DATE: _____

(Parent or legal guardian if student is under 18 years of age)

EMERGENCY CONTACT: _____

RELATIONSHIP: _____

